



Royal Papworth Hospital
NHS Foundation Trust

Easy Read

Leaving Hospital



Leaving hospital

When you feel better, you may be able to leave hospital. Staff use the word 'discharge' when talking about people leaving hospital



The doctors and nurses will talk to you every day about why you are in hospital and when they think you can leave



If you are not sure when you are going to leave, ask the staff on the ward



Help when you leave

Most people go home when they leave hospital. Some may go to other hospitals or to care homes.



People who go home from hospital may have help from carers, nurses or therapists



Sometimes, new equipment may be put into your house to help you manage better at home



If you are going to need extra help when you leave hospital, you will meet a social worker, care manager or discharge planning nurse.

These people will talk to you about what help you may need



**It is a good idea to have food and basic supplies at home
Ask a carer or relative if they can help you**



If you need any help please ask the staff



Travel

When you leave hospital, it is best to ask family, friends or carers to collect you



Some people leave hospital in an ambulance

The doctors and nurses will decide if this is necessary



Make sure you take all your belongings from your room



Collect anything valuable you brought with you. Staff can help you to collect your belongings



When you leave hospital the nurses will give you two things

- 1. A letter about your stay in hospital**
- 2. Your medicines – the nurse will speak to you about these and help you understand what they are for and when you should take them**



Equipment

You might need to take some hospital equipment home, such as crutches, to help you walk



You may borrow our equipment but we will need it back



Please return any equipment to the hospital when you have finished with it so we can use it to help other patients



Seeing the doctor again

The doctor may want to see you again. If so, we will make an appointment before you leave or send you a letter by post



Any questions

If you any questions about the information in this leaflet, please ask the staff to help you



If you need more information

Just get in touch with us at Royal Papworth Hospital

By telephone: 01223 638000



Or you can get in touch with the Patient Advice and Liaison Service (PALS)

By telephone: 01223 638896 or 01223 638963

By email: papworth.pals@nhs.net

Useful contacts

HELP THE AGED WE WILL

Help the Aged

By telephone: 0800 678 1174



Website: www.helptheaged.org.uk



CARERS UK
the voice of carers

Carers UK

Telephone: 0808 808 7777



Website: www.carersuk.org





**NHS Direct
telephone: 111**



Website: www.nhsdirect.nhs.uk

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