

Supporting your evidence based practice

What ebooks do you have to

give me advice on managing

my team 'virtually'?

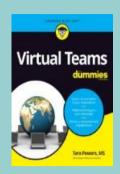
## **Library Update**

May 2020

# That is the question!

Full of guidance on building, leading, and sustaining a highly productive virtual team, these two new additions to our ebook collection will be great companions wherever you are.

Click on the picture and log in with OpenAthens.





### Wellbeing

This is a challenging time for us all. Whether working on the frontline or in self-isolation at home, we're all facing new and growing challenges on a daily basis. To help you deal with the feelings and anxiety that this may bring, we have selected a few videos that may help in the weeks and months ahead.

<u>Managing Burnout for Frontline Staff</u> - this video will support you to deal with doubt, uncertainty and anxiety during times of increased pressure, enabling you to prioritise self-care and be kind to yourself at this difficult time.

<u>Team Leaders' Guide to Staff Wellbeing</u> - this video will help you to improve wellbeing and support colleagues effectively in a climate dominated by COVID-19.

<u>Building Resilience for Redeployment</u> - this video will guide you through the challenges of redeployment, helping you to cope better with change.

We hope you find these useful.

### Focus on ...COVID-19 e-resources

Thinking of those in the frontline and especially those being redeployed, we have compiled a list of FREE to access COVID-19 related resources to support your evidence-based practice during this pandemic. Some of the resources will require log in via OpenAthens. You will find:

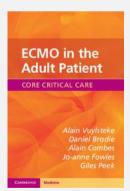
- Free online ebook collections (Oxford Medicine Online and Cambridge Core)
- Books on ECMO and ICU Nursing
- Links to other evidence sources compiled by HEE includes Guidelines, WHO global research on coronavirus, resources from Royal Colleges and more

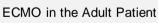
Go to COVID resources

MORE POSITI

WENTAL

## ebooks of the month







Handbook of Drugs in Intensive Care

Access by going to the <u>Cambridge Core website</u> and looking up the title. You can read online or download the PDF. You can find a step-by-step <u>quick access guide here</u>. Don't forget to log into your OpenAthens account for access.

#### Journals guide

**You said:** you would like a guide on how to find out exactly what journals are available to Royal Papworth staff.



We did: we created a step-by-

step guide to show you how to search our list of journals in NICE A-Z. Follow this <u>link to the guide</u>.

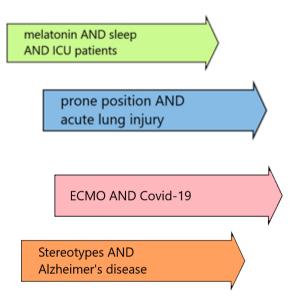
And if the journal isn't listed in NICE, you can always place a request by logging into your <u>library account</u> and completing the article request form.

#### Literature search requests

In recent weeks we have received a few emails where people require a literature search but are hesitant to ask for fear of overwhelming us.

We wish to reassure you that we have capacity to complete literature searches for you. When necessary, we will prioritise urgent searches but please do send through all your requests. We are here to support you.

Some examples of literature searches we have completed recently:



Complete the <u>online form</u> or if you wish to discuss your requirements, please call Becky on 01223 639733, Monday - Thursday 8am-4pm.



Many of our face-to-face training sessions are also available as elearning modules. Just click on the links below to start:

Health literacy

Introduction to Academic Writing

Literature Searching Skills

Reflective Writing

Writing for Publication

Some of these may require an OpenAthens account. If you don't have one you can register here.

Any queries, please email <a href="mailto:papworth.library@nhs.net">papworth.library@nhs.net</a>.