

# Patient Information Resource Guide

Library and Knowledge Services

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[UpToDate](#)

[BMJ Best Practice](#)

[ClinicalKey](#)

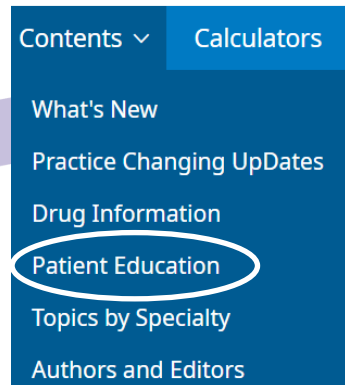
[NICE Guidelines](#)

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**UpToDate** is an online information resource that synthesises the most recent healthcare information into verifiable, evidence-based recommendations. There is a dedicated section for Patient Education which can be found in its contents. UpToDate offers two levels of content for patients:

**The Basics** - these are short overviews, written in plain language, which answer the four or five most important questions a person might have about a medical problem.

**Beyond the Basics** - these are longer, more detailed reviews. They are best for readers who want detailed information and are comfortable with some medical terminology.

To access **UpToDate** from within Royal Papworth Hospital [click here](#). To access from outside the hospital site, login with an OpenAthens account: [www.uptodate.com](http://www.uptodate.com)

Click [here](#) to find more information about UpToDate's patient education information.

# BMJ Best Practice

**BMJ Best Practice** is a point of care tool. It gives step-by-step guidance on diagnosis, prognosis, prevention and treatment. As well as this it provides information which can be shared with patients. There is a link to patient leaflets on the homepage which is a searchable A-Z list of a vast range of health conditions and topics. These can be easily emailed or printed for patients and their family/carers. Relevant patient leaflets are also linked to within the topic summaries.

Access to **BMJ Best Practice** is via OpenAthens:

<https://my.openathens.net>. A five minute tutorial on how to use it can be found here: <https://youtu.be/3G8vP1PHI-o> or Library staff will be happy to demonstrate it to you if preferred.



Patient leaflets

Tell your health care provider about:

What are the risks?

What happens before the surgery?

What happens during the surgery?

What happens after the surgery?

Where to find more information

Summary

ClinicalKey®

Patient Education >

Educate and empower your patients

**ClinicalKey** is a search tool designed to provide answers to clinical questions. It includes journals, books, practice guidelines, drug information and patient education. You can search for patient information topics in the A-Z list and filter these by language and specialties.

The patient information provided is broken down into questions which make it easy for the patient to find the information they need. Images are included where appropriate as well as questions they may like to ask their healthcare provider. The information can be printed or emailed.

Login with an OpenAthens account: <https://www.clinicalkey.com/>. A short guide on how to access is available [here](#).

## **NICE** National Institute for Health and Care Excellence

**NICE guidelines** provide ‘evidence based recommendations developed by independent committees, including professionals and lay members, and consulted on by stakeholders’

These can be useful to share with patients and refer them to when discussing their health choices.

<https://www.nice.org.uk/>

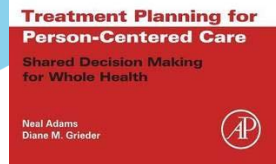
Shared decision making

Decision support tools

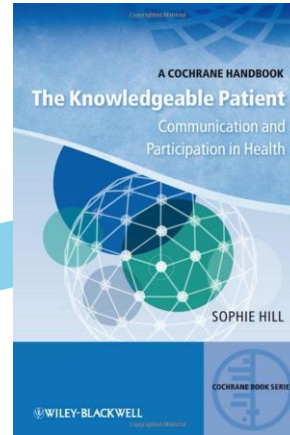
**Shared decision making tools**, also support patients and their families/carers by making treatment, care and support options explicit. They provide evidence-based information about the associated benefits/harms and help patients to consider what matters most to them in relation to the possible outcomes.

Check the NHS tools available [here](#) and on the NICE website [here](#).

# Books



Treatment planning for person-centered care



The knowledgeable patient

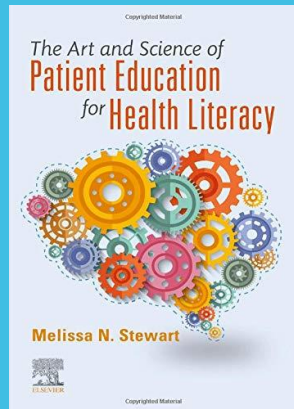
COMBATING  
ONLINE HEALTH  
MISINFORMATION



A PROFESSIONAL'S GUIDE  
TO HELPING THE PUBLIC

EDITED BY ALLA KESELMAN,  
CATHERINE ARNOTT SMITH, AND AMANDA J. WILSON

Combating online health misinformation



The art and science of patient education for health literacy

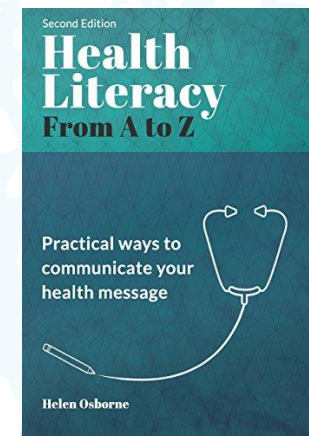


Shared decision making in health care



Register to become a library member to borrow books and access the library 24/7. Complete the [online registration form](#) on the Library's website.

To search for books, including E-books, go to the library catalogue [Elms](#). You can place holds or request a book there.



Health literacy from A-Z

## Library Services and Training



### Book and Article Requests

If you have difficulty finding a book or article, you can request it by logging into your [Elms](#) account and completing the form under Make a Request.



### KnowledgeShare

[Click here](#) to register to keep up to date with the latest evidence in your subject area.



Follow us on Twitter for our latest news and service updates [@RoyalPapLib](#)

### Training

We run a range of training sessions to support your professional development, including OpenAthens and literature search skills.

Just fill in the [online booking form](#).